Refreshing Others Sunday, January 12, 2025 Audie Clairmont

2Corinthians 7:5-Passion

Even after we came into the province of Macedonia, <u>we found no relief.</u>

We were restless and exhausted; troubles met us at every turn. Outwardly I faced conflicts and inwardly emotional turmoil.

Paul's experience in Ephesus was overwhelming.

2Corinthians 1:8-Passion

Brothers and sisters, you need to know about the severe trials we experienced while we were in (Asia) western Turkey. <u>All of the hardships</u> we passed through crushed us beyond our ability to endure, and we were so completely overwhelmed that we were about to give up entirely.

Satan attacks us when <u>we are weary from battle</u> and we become <u>vulnerable</u> to his lies.

Refreshing comes when we learn that God <u>really personally loves us</u>, and the devil is <u>lying to us</u>.

2Corinthians 7:6-7-Passion

6 But God, who always knows how to encourage the depressed, encouraged us greatly by the arival of Titus.

7 We were relieved not only to see him but because of the report he brought us of how you refreshed his heart. He told us of your affection toward me, your deep remorse, and how concerned you were for me. This truly made my heart leap for joy!

2Timothy 1:16-18-Passion

Nevertheless, so many times Onesiphorus was like a breath of fresh air to me and never seemed to be ashamed of my chains. May our Lord Jesus bestow compassion and mercy upon him and his household.

17 For when he arrived in Rome, <u>he searched and searched for me until he</u> found out where I was being held, so that he could minister to me,

18 just like he did so wonderfully as I rested in his house while in Ephesus, as you well know.

Onesiphorus (on-ay-sif'-or-os) – *profit barrier, bringing profit.*

The ministry of refreshing includes seeking out those who are hurting.

1Samual 23:16-17-NLT

Jonathan <u>went to find David and encouraged him to stay strong in his faith</u> in God.

17 "Don't be afraid," Jonathan reassured him. "My father will never find you! You are going to be the king of Israel, and I will be next to you, as my father, Saul, is well aware."

Malachi 3:16-TLB

Then those who feared and loved the Lord <u>spoke often of him to each</u> <u>other.</u> And he had a Book of Remembrance drawn up in which he recorded the names of those who feared him and loved to think about him.

Romans 12:8-Passion

If you have the grace-gift of encouragement, <u>then use it often to encourage others.</u>

Ephesians 4:29-Passion

And never let ugly or hateful words come from your mouth, but instead <u>let</u> <u>your words become beautiful aifts that encourage others; do this by</u> <u>speaking words of grace to help them.</u>

1Thessalonians 5:11-Passion

Because of this, <u>encourage the hearts of your fellow believers and support</u> <u>one another, just as you have already been doing.</u>